BCT enters Walpole at Medfield/Walpole line where Elm Street, Medfield becomes High Street, Walpole. Follow High Street briefly then turn right onto the path on the Edison power line. Follow this path uphill and downhill briefly then turn left onto a wooded path that soon connects to what is known as "the old Indian trail". This is a long winding path on the top of an esker that parallels the Mine Brook on your right. Occasional glimpses of Mine Brook can be seen from the trail. As you leave the woods, turn left onto a wide dirt road past the Walpole Water Treatment Plant and onto Leonard Road. Follow Leonard Road to the end and enter a wooded path that bears right then left. Follow the markers to Robbins Road. Turn right on Robbins Road past the Eleanor Johnson Middle School to Elm St. Turn left on Elm St (Rt 27). Go one block, then right onto Glenwood Street (just past Dunlop Tire) for one block to Main St (Rt 1A) downtown Walpole (restaurants, parking, shops). Cross 1A at the lights to Stone St (police & fire stations). Follow Stone St for one block. Turn left on School St past the Carolyn Woodward Memorial Playground (juice and soda machines) and Joe Morgan ball field to the picnic area across from Town Hall (restrooms during business hours). Enter the wooded path along the south side of Memorial Pond (parking). Turn right on Diamond St. Go one block. Turn left on Stone St. Continue about .3 mile past Massachusetts Ave to the Clark Pond Conservation area (picnic tables). Enter the wooded path along the edge of the pond and follow to Lake Street. Follow Lake St briefly to Common St and cross Common St and enter the Walpole H.S. parking lot. Follow markers to the back of the school and enter the Town Forest. Follow the "river trail" which parallels the Neponset River on your right. You will pass "the old dam" and waterfall (views, photos). Continue on this trail until you reach a 4-way intersection. Here you may choose to turn right to cross the White Bridge (views, photos) and explore "Duffy's Point" or turn left and proceed approx. 200 yards to view the "old cemetery". The main BCT trail continues straight at the 4-way intersection and exists the forest at the Water Treatment Plant. Keeping the brick building on your left, turn right past the small pond and proceed through the gray pipe gate following the paved driveway past another small pond on your left. Enter a wooded trail on your left. Turn left onto the paved driveway at the Dept. of Public Works and through the green gate. Cross Washington St. to the wooded path (directly across from the fire hydrant) into the Town Forest. The trail meanders through wetland areas in a southerly direction. After crossing a seasonal brook, the trail continues south/southwest. Turn left proceeding through an area of small scrub pines. Shortly, the trail connects to an old gravel cart path. Turn left onto the cart path. At the fork, you can go either left or right; both trails intersect further down the path. The cart path eventually veers to the left at a point where it is joined by another path. Continue along in a south/southeast direction. You will pass a large path on your left and continue into a hemlock grove. Almost immediately, the trail reaches the intersection of the original loop. Take a sharp right and head south. At the high-tension lines, leave the cart path, turn left and follow the path under the wires to Route 1. At Route 1, turn right and walk along the grass strip to the traffic light at Pine Street. Cross Route 1 at the lights and follow Pine Street east for approx. .50 mile to the Warner Trail in Sharon which is on your left before you reach the overpass.